

## Covenant for Lighthouse Youth and Family Communities



- Everything said and heard in the group will be treated with respect for the participants' privacy. What is said in the group stays in the group.
- What is shared in the youth space is not shared with the parents, and vice versa, unless we believe a young person could be a danger to themselves or to others, or if we believe the young person may be in an abusive situation. In those cases, we would talk with the young person before pulling anyone else in.
- Silence is acceptable. No one needs to say anything they do not wish to say.
- The group is supportive rather than judgmental.
- The group offers respect for individual choices and experiences.
- Only one person talks at a time.
- Turn off/don't use cellular devices.
- No one is allowed to dominate the conversation.
- Begin and end meetings on time.
- The group is a safe place to share feelings, and to obtain and provide support, information, reassurance and encouragement.
- The group is broadly defined. It is flexible; flowing with the participants' needs and interests, and provides an opportunity to reduce feelings of isolation.
- The group is open to teens of all LGBTQIA+ identities. We honor the unique journey of each individual.
- Although the results of going to group can be therapeutic, the group is not meant to replace individual therapy.
- Every effort should be made within the group to resolve conflict arising from or during group interaction.
- People of all faiths and no faith are welcome and respected here. Dismissing or criticizing the religious beliefs of others is not allowed, and proselytizing is also prohibited (efforts to convince others to believe in your beliefs/disbeliefs).